

The book was found

Three Ball Digest: All You'll Ever Need To Know About Juggling Three Balls Plus Mastering The Headroll



Synopsis

Las Vegas professional juggler Dick Franco shares his knowledge to help you learn new and innovative tricks to add variety to your juggling. Plus, Franco has long been considered one of the best at performing headrolls; he shares all his tips. The next best thing to getting a personal lesson.

Book Information

Paperback: 158 pages

Publisher: Brian Dube; 1st edition (September 1989)

Language: English

ISBN-10: 0917643046

ISBN-13: 978-0917643040

Product Dimensions: 0.5 x 6.2 x 9 inches

Shipping Weight: 8.8 ounces

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #1,693,488 in Books (See Top 100 in Books) #15 in [Books > Sports & Outdoors > Individual Sports > Juggling](#) #20711 in [Books > Humor & Entertainment > Puzzles & Games](#)

Customer Reviews

This a must buy for jugglers. Franco's book contains a unique collection of classic photos coupled with an extremely comprehensive array of 3 ball tricks ranging from the cascade to complex body rolls and flourishes. But perhaps the most valuable element of the book is his "Mastering the Headroll" section which provides everything one could every wish to now in a step-by-step approach to learning all the varitions of this exquisite move.

I'm a pretty skilled 3 ball juggler and there are still lots of things in Franco's book that I had never thought about. It includes sections on body throws, bounce tricks, starts, finishes, spin tricks, etc, all of which are interesting and could be included into a 3 ball routine, of which he includes several samples for different skill levels at the end. Also in this book, there is a chapter on learning how to juggle and basic tricks for someone who has never juggled before, but this is not a book that I would reccommend for a first-timer, since there aren't too many pictures and the explanation can be a bit hard to follow at times. After all of the juggling sections there the other part of the title: mastering the headroll. This is an incredibly difficult skill and Franco, obviously a master, does a good job of breaking it down, though practice is the only thing that will really help you get better with this. And

finally, there are the 56 photographs at the end of the book of famous jugglers doing what they do best, in particular featuring their headrolls, all of which are great. Anyone who is interested in the history and culture of juggling will love this section and even if you're not, many of them are wonderful photos in their own right. So all considered, this is a great book where there is a generally a dearth of great books: 3 ball juggling.

[Download to continue reading...](#)

Three Ball Digest: All You'll Ever Need to Know About Juggling Three Balls Plus Mastering the Headroll Wool Dryer Balls: 100 % Organic New Zealand Wool Dryer Balls (Wool Dryer Balls, Dryer Balls, Fabric Softener, Organic Fabric Softener, No Fillers, Wool Balls) Juggling: All You Need to Know to Develop Amazing Juggling Skills Pick up Some Balls - A Beginner's Guide to Juggling Balls, Clubs and Rings Juggling: Master the Skills of Juggling With Balls, Rings and Clubs Virginia Hill - Mafia Molls - Beautiful Broads With Brass Balls: Volume 3 (Mob Molls - Beautiful Broads With Brass Balls) MAFIA MOLLS - Beautiful Broads with Brass Balls - Volume 2 (Mob Molls - Beautiful Broads With Brass Balls) Pathways in Juggling: Learn how to juggle with balls, rings, clubs, devil sticks, diabolos and other objects Professor Murphy's Juggling Balls (Professor Murphy's Emporium of Entertainment) Juggling With Finesse: The Definitive Book of Juggling All You Need to know about Managing Asthma: The Best Ever Natural Treatments to help you get your life Back! (Asthma, allergies, exercise) Everything You Need to Know About Caregiving for Parkinson's Disease (Everything You Need to Know About Parkinson's Disease) (Volume 2) 50 Maths Ideas You Really Need to Know (50 Ideas You Really Need to Know Series) 601 Words You Need to Know to Pass Your Exam (Barron's 601 Words You Need to Know to Pass Your Exam) Everything You Need...english To Know About English Homework (Everything You Need to Know about (Scholastic Paperback)) The Miracle Ball Method: Relieve Your Pain, Reshape Your Body, Reduce Your Stress [2 Miracle Balls Included] Beyond the Cascade: Classic 3 Ball Juggling Tricks The Gun Digest Book of Firearms Assembly/Disassembly Part I - Automatic Pistols: Pt. 1 (Gun Digest Book of Firearms Assembly/Disassembly: Part 1 Automatic Pistols) The Gun Digest Book of Tactical Weapons Assembly/Disassembly (Gun Digest Book of Firearms Assembly/Disassembly) The Gun Digest Book of Revolvers Assembly/Disassembly (Gun Digest Book of Firearms Assembly/Disassembly)

[Dmca](#)